## ANCORA

## ADVISORS

## **INVESTMENT PORTFOLIO CHECKUP**

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Like a trip to the doctor's office, a productive personal investment checkup requires pre-planning and focus. In the days and weeks leading up to your investment checkup it is important for you to establish your goals for the meeting and to communicate them with your advisor in advance so that he or she can prepare accordingly. You might, for example, want to communicate in advance what personal circumstances have changed in your life since your last checkup or email in advance, specific questions you have about your portfolio.

On the day of your meeting you should arrive on time, fed and well rested so that you can communicate and process what you are hearing at your highest potential level. During the meeting, it is important to review your personal goals and objectives and have your financial advisor reinforce why the portfolio you own is a reflection of those needs. In addition you might want to ask what opportunities for investment exist that you are not currently taking advantage of and then weigh their applicability to your personal situation.

Lastly, the time is yours and you should not feel rushed in any way during your investment checkup. An experienced financial advisor will take the time to answer all of your questions and explain the ones he or she will have to research in order to answer properly. You should leave the checkup feeling reassured that your investments are reflective of your goals and objectives and that you understand what you own in the portfolio and why you own it. You might even leave feeling a little tired because an investment portfolio checkup can be hard work, and like most things in life, you will get out of it what you put into it.

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